FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Г										
	OMB APPROVAL									
ı										
l	OMB Number:	3235-0287								
l	Estimated average burden									
l	hours per response	0.5								

	Check this box if no longer subject
$\Box$	to Section 16. Form 4 or Form 5
$\cup$	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Healy Douglas Taylor						2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING CO [ AEL ]									ck all app	ationship of Reportin k all applicable) Director Officer (give title below)		erson(s) to Is	
(Last) (First) (Middle) 6000 WESTOWN PARKWAY						3. Date of Earliest Transaction (Month/Day/Year) 06/08/2023												Other (s below)	specify
(Street)						4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person					
WEST DES IA 50266														Form Pers	an One Rep	orting			
(City) (State) (Zip)					Rule	Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - No	n-Deriva	tive S	ecur	ities	Acq	uired,	Disp	osed of	, or I	Bene	ficial	ly Owr	ned			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day					Execution Date,			Date,	3. Transaction Code (Instr. 8)  4. Securities Acquir Disposed Of (D) (Instr. and 5)				3, 4 Secu		cially d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A (D	) or )	rice	Report Transa				
Common Stock 06/08/2						2023			A		3,303 <sup>(1)</sup> A		A	\$ <mark>0</mark>	13,075			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	ear)   Execution Date, if any (Month/Day/Year)   Transaction Code (Instr. 8)   Si A (// D oi (Instr. 10)   Code (Instr. 10)   C			of Deriv Secu Acqu (A) or Dispo of (D) (Instr	Number of (Month/Day/Year) Derivative Securities Acquired (A) Or Disposed  Expiration Date (Month of Securities Underlying Derivative Security (Instr. 3 an					unt of rities rlying ative rity	8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code V		(A)	(D)			Expiration Date	Title	Amou or Numb of Share	er					

## Explanation of Responses:

1. Restricted stock vests earlier of grant date anniversary or AEL's 2024 annual shareholder meeting.

## Remarks:

/s/ Mark A. Schuman, authorized signer

06/12/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.