FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

**OMB APPROVAL** 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Etinger Kate					2. Issuer Name and Ticker or Trading Symbol AMERICAN EQUITY INVESTMENT LIFE HOLDING CO [ AEL ]								(Chec	k all app Direc	onship of Reportir Il applicable) Director Officer (give title		10% O		
(Last) 6000 WE	Last) (First) (Middle) 5000 WESTOWN PARKWAY					3. Date of Earliest Transaction (Month/Day/Year) 02/23/2024								X Officer (give title Officer (speed below) below)  EVP & Chief People Officer					,
(Street) WEST D MOINES	Δ	5	0266	4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person					
(City)	(Sta	ate) (Z	Zip)			Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a cor satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruct									uction or writt	ten pla	an that is inte	nded to	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benef	icially	/ Own	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da			Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Acquired (A Disposed Of (D) (Instr. 3,			4 and Securi		cially Following	Forn (D) c	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								Code	v	Amount	(A) (D)	or Pr	се	Transa	saction(s) : 3 and 4)			(111341. 4)	
Common	mmon Stock 02/23/2024			024		F		403(1)	D	\$	55.58	1	1,766		D				
Common	Common Stock											222(2)				By ESOP			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
Security or Exercise (Month/Day/Year) if any		emed ion Date, /Day/Year)	Date, Transaction Code (Instr.		of Deriv Secu Acqu (A) of Dispo	erivative (Month/Day/1) (curities cquired A) or isposed f (D) (nstr. 3, 4			ite Amount of			unt			у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	of Share						

## **Explanation of Responses:**

- 1. Tax withholding on vesting of time-based restricted stock units.
- 2. Reflects ESOP allocations that have occurred since the date of the reporting person's last ownership report.

## Remarks:

/s/ Kate Etinger

02/27/2024

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.